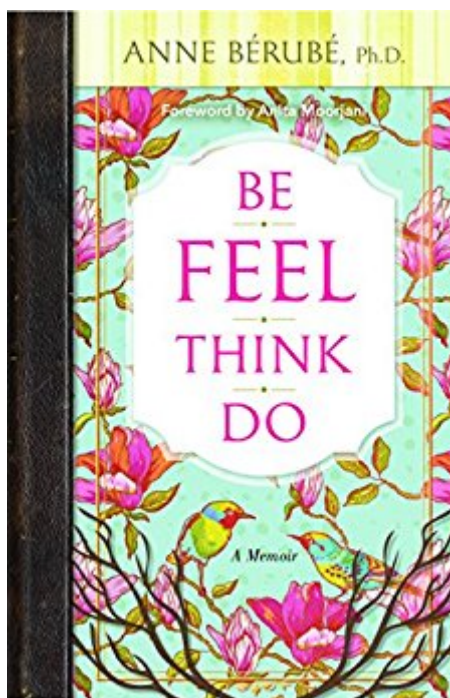The book was found

Be Feel Think Do: A Memoir

Synopsis

At the age of 23, modern-day shaman and inspirational speaker Anne BÃƒÂ©rubÃƒÂ©Ã¢ ¬â„¢s life was interrupted by a near fatal car accident and mystical experience. Trapped in the car, unable to breathe, she had a vision that forever realigned her lifeÃ¢â ¬â„¢s trajectory. The following years were marked by chronic pain, emotional turmoil, and malaise, through which her journey of introspection and personal transformation would eventually lead to profound insights around self-healing, inner peace, and soul-realization.In her inspirational memoir, BÃƒÂ©rubÃƒÂ© explores her journey of learning how to prioritize being and feeling in order to experience life richly, fully, and true to her soulÃ¢â ¬â„¢s calling. BÃƒÂ©rubÃƒÂ© opens her heart and her mind to the universeÃ¢â ¬â„¢s wisdom, providing guidance and comfort to those who feel at the precipice of change and awakening.

Book Information

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Customer Reviews

I happened upon this book in a seemingly random manner. Having never heard of it before the title spoke to me. Be-ingness is something Ive felt called to dedicate more time to in my life. My kindle copy is now highlighted almost throughout. Loved the personal stories and the poetic encouragement to live life soulfully.

This is a very moving, inspirational book by an extraordinary woman. She is passionate about using her experiences to help others on their path of self discovery and life fulfillment.

I love this book!

Reading this book was like being granted the biggest permission slip to let my inner heart compass lead the way. ÃƒÂ¢Ã â¬Ã ËœeBe Feel Think DoÃƒÂ¢Ã â¬Ã â„¢ was the invitation I needed to live a life that's aligned with MY soulÃƒÂ¢Ã â¬Ã â„¢s purpose. AnneÃƒÂ¢Ã â¬Ã â„¢s story is fascinating, and the wisdom she shares with the reader even greater. This book is a gift that will heal many people and bring so much magic back into their lives.

Do You Think What You Think You Think?: The Ultimate Philosophical Handbook Be Feel Think Do: A Memoir Baby Touch and Feel: Colors and Shapes (Baby Touch & Feel) Baby Touch and Feel: Wild Animals (Baby Touch & Feel) Baby Touch and Feel: Puppies and Kittens (Baby Touch & Feel) Bright Baby Touch & Feel Baby Animals: with Book and Puzzle Pieces (Bright Baby Touch and Feel) Bright Baby Touch & Feel Boxed Set: On the Farm, Baby Animals, At the Zoo and Perfect Pets (Bright Baby Touch and Feel) Baby Touch and Feel: Puppies (Baby Touch & Feel) Touch and Feel: Farm (Touch & Feel) Touch and Feel: Jungle Animals (Touch & Feel) When I Feel Angry (The Way I Feel Books) Touch and Feel: Wild Animals (Touch & Feel) Touch and Feel: Puppy (Touch & Feel) Bunny and Friends Touch and Feel (Baby Touch and Feel) Baby Touch and Feel: Mealtime (Baby Touch & Feel) Baby Touch and Feel: Splish! Splash! (Baby Touch & Feel) Bright Baby Touch & Feel At the Zoo (Bright Baby Touch and Feel) Touch and Feel: Fire Engine (Touch & Feel) Baby Touch and Feel: Trucks (Baby Touch & Feel) John Deere: Touch and Feel: Tractor (Touch & Feel)

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